

about EM•PACT® energy and endurance formula:

- May enhance the body's ability to use oxygen during athletic exertion and improve athletic endurance.*
- Includes medium-chain triglycerides (MCTs) that are readily broken down into short-chain, free-fatty acids that are used as fuel for muscles.*

energy and endurance formula

EM•PACT® citrus-flavored drink mix is more than just a sports supplement drink. EM•PACT® energy and endurance formula has been clinically shown† to enhance cardiorespiratory fitness (VO_{2max}, a measure of maximal oxygen consumption and physical fitness). In a randomized, double-blind crossover human clinical trial, EM•PACT® supplement drink mix enhanced three out of four indicators of aerobic performance.* EM•PACT® energy and endurance formula provides fuel and biochemicals clinically shown† to enhance cardiorespiratory fitness and improve endurance.*



Unlike popular, glucose-laden sports drinks that offer minimal benefits and trigger the release of insulin, EM•PACT® drink mix is formulated to help furnish biochemicals that can increase oxygen uptake capacity. The result—nutritional support designed to increase workout intensity and duration.*

In addition, EM•PACT® drink mix has MCTs that are readily broken down into short-chain, free-fatty acids that are burned for energy.*

‡ Clinical studies:

Journal of the International Society of Sports Nutrition 2006; 3(1): 56-59.

Applied Research in Coaching and Athletics Annual 2007; 22: 226-240.

EM•PACT®	Product Number	Member Cost	Associate Cost
Net Wt. 12.6 oz. (360 g)	19301	\$35.46	\$33.60

Supplement Facts

Serving Size 1 Tablespoon (14 g)
Servings Per Container 26

	Amount Per Serving	% Daily Value
Calories	50	
Total Carbohydrate	12 g	4%††
Sugars	12 g	†
Calcium	30 mg	3%††
Energy and Endurance Complex	12.6 g	
Fructose †, Silicon Dioxide †, Creatine Monohydrate †, Calcium Citrate †, Medium Chain Triglycerides †, Magnesium Aspartate †, Magnesium Succinate †, Potassium Aspartate †, Potassium Succinate †, Choline Bitartrate †, L-Carnitine †, Soy Lecithin †		
Ambrotose complex (patent pending)	21 mg	
Arabinogalactan (from Larix spp. wood)†, Aloe vera (inner leaf gel powder) †, Ghatti Gum †, Gum Tragacanth †		

†† Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Citric acid, modified food starch, natural flavor.

Recommended Adult Use: Mix one tablespoon (14 g) of EM•PACT® with 8-16 fl oz of water (one serving) or mix entire jar into 5 quarts of water. For best results, drink one serving 15-20 minutes prior to your exercise routine. Additional EM•PACT® drink servings can be consumed during workouts extending beyond one hour.

Please read the product labels for detailed information.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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EM-PACT®

Recommended Adult Use: Mix one tablespoon (14 g) of EM-PACT® with 8-16 fl oz of water (one serving) or mix entire jar into 5 quarts of water. For best results, drink one serving 15-20 minutes prior to your exercise routine. Additional EM-PACT® drink servings can be consumed during workouts extending beyond one hour.

WARNING: If you are pregnant, nursing, taking medications, have a health condition or are planning a medical procedure, consult your health professional before use. Discontinue use and consult a doctor if any adverse reaction occurs.

Do not use if outer seal is missing or broken. Keep out of reach of children. Keep container tightly closed. Store in a cool, dry place.

Contents may settle during shipping. This product is sold by weight not volume.

Product Number 19301

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US.3750.0507.010

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Mannatech

PERFORMANCE NUTRITION

EM-PACT®

METABOLIC INTERMEDIATE
DIETARY SUPPLEMENT

CITRUS FLAVORED
ENERGY AND ENDURANCE FORMULA*

NET WT. 12.7 OZ (360 g)



Supplement Facts

Serving Size 1 Tablespoon (14 g)
Servings Per Container 26

	Amount Per Serving	% Daily Value
Calories	50	
Total Carbohydrate	12 g	4%††
Sugars	12 g	†
Calcium	30 mg	3%††
Energy and Endurance Complex	12.6 g	
Fructose †, Silicon Dioxide †, Creatine Monohydrate †, Calcium Citrate †, Medium Chain Triglycerides †, Magnesium Aspartate †, Magnesium Succinate †, Potassium Aspartate †, Potassium Succinate †, Choline Bitartrate †, L-Carnitine †, Soy Lecithin †		
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Arabinogalactan (from <i>Larix</i> spp. wood)†, Aloe vera (inner leaf gel powder) †, Ghatti Gum †, Gum Tragacanth †		

†† Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Citric acid, modified food starch, natural flavor.
Manufactured for Mannatech, Incorporated, Coppell, TX 75019 USA
mannatech.com